



MAKING A PLAN GOAL SETTING

You know what you want, but do you know how to get it? Without a path we often lose sight of the long-term goal, especially when goals seem ambitious or overwhelming.

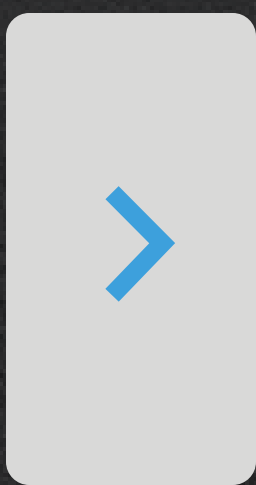
Eat the elephant one bite at a time.



EXAMINE RESPONSIBILITIES

Evaluate your priorities and come up with an action plan. Time looking back and then forward. Prayerfully consider strengths and weaknesses, needs and opportunities

Consider a personal retreat, including time to do the above and plan ahead.



STEPS FORWARD

Decide on one step forward in each area of your life. This step is a potential short-term goal. You will benefit most if your goals are **clear, measurable and attainable**. Revise until you know what you want to do and you expect to get it.

If you don't know where you are going, you won't arrive.



PICK ONE OR TWO

Choose one or two of your list of goals to implement. Take into account your situation and other responsibilities that factor in. **It is important to only pick one or two**. You can go back to the goals you didn't choose next time.

Now break your chosen goal(s) down into smaller action steps and work your plan.

Remember. You are in this for the long haul. Get input. Plan to succeed; set yourself up so it's hard to fail. It's fine to tweak. Don't do it on your own. The plan is not the ultimate goal.